

- Structured group therapy, three times a week
- Individualized treatment once each week and as needed
- Family counseling, education and treatment planning involvement
- A full academic curriculum individualized to meet educational needs
- Daily therapeutically structured recreational activities
- Alcohol and drug awareness programs
- Preparation for independent living sessions
- Interpersonal problem solving and anger awareness
- Life skills, vocational planning, values clarification
- Weekly education sessions focusing on topics related to adolescents with sexually abusive behaviour and their social systems
- Aftercare planning including step-down program involvement and access to services/supports



### The Clinical team

New Choices recognizes the need for highly qualified professionals, experienced with sexually intrusive behaviours, and mental health treatment to ensure a quality level of care for our residents. Our credentialed staff of professionals are key to successful treatment and comprise a multi-disciplinary team of : master's level social workers, experienced therapists, activity specialists, educational specialists, residential counselors, and consulting psychiatrist and physician.

## About Our Agency

### Location

The New Choices program is situated on a large rural site midway between Chatham and Wallaceburg, Ontario. We program for a large catchment area while allowing youth in the program to remain within a reasonable distance of their home.

### Our Mission

To provide a range of mental health interventions to adolescents and their families, in collaboration with community resources and supports, to build on skills, strengths and capabilities that will facilitate future mental health and responsible independence.



For information or to make a referral, please contact:

Choices Child and Adolescent Services  
R.R.#1 Dover Center, ON NOP 1L0  
Tel: 519.351.2447

Website: [choiceschild.com](http://choiceschild.com)  
Email: [vdubs@choiceschild.com](mailto:vdubs@choiceschild.com)

# The New CHOICES Program

MAKING POSITIVE CHOICES  
FOR BETTER LIVES



*“Every Choice you make  
either moves you forward or  
holds you back”*

# Admissions and Treatment

The New Choices Program is a day and residential program that provides assessment, stabilization, and treatment for adolescent males BETWEEN THE AGES OF 12 AND 18 with sexually abusive behaviours. Treatment is based on the fundamental view that individual success can be achieved through specialized programming that addresses the young person's developmental needs, cognitive level, and style of learning. The program adheres to the regulations of the Child and Family Services Act of the province of Ontario and is funded through per diem payments made by the Ministry of Youth Justice or the Children's Aid Society that places young people in our program.



Disqualifying factors may include: violently acting out and chemically dependant youth.

At the New Choices program, we take a holistic approach to the treatment of youth who have sexually abused, which means we treat the whole person and not just the sexually intrusive behaviours. We offer a combination of offence specific, and process groups, individual therapy, and skills training. Our philosophy is that sexual abuse is a symptom of dysfunction in a child or youth's life. As a result the child or youth must develop and understanding of their behaviour patterns, and learn socially acceptable ways of coping and relating to others. Our goal is to empower youth to lead non-abusive lives by providing learning experiences that will help them develop healthy attitudes about themselves, their families and society.



## Services offered

- Residential Treatment
- Day Treatment
- Specialized Foster Care
- Specialized Academic Program
- After Care and Support

# New Choices For Better Lives



We believe that the young people we serve are in need of assistance to stop their abusive behaviours. We believe that they are children and adolescents who deserve normalized experiences, care and attention. The residential setting is designed to offer a physically and emotionally safe environment where healthy maturation will occur.



# normalization